

Metabolic Assessment Form™ Nutritional Key

CATEGORY I: Colon

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Colon:*

4-R Program: Remove, Replace, Reinoculate, Revive

Remove: GI-SYNERGY™ (K64): 1 packet once a day

Replace: BILEMIN™ (K11): 1-2 capsules with meals

ENZYMIXPRO™ (K99): 1-2 capsules once a day

Reinoculate: STRENGTIA™ (K61): 1-3 capsules a day with water

Revive: REPAIRVITE™ (K60), (K63): 1 scoop 1-2 times a day

STRENGTIA™ (K61): 1-3 capsules a day with water

Please consider the Mucosal Health & Food Tolerance Program

(from the corresponding brochure)

CATEGORY II: Intestinal Barrier

(also check for Intestinal Permeability)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Dietary and Nutritional Support for the Intestinal Barrier:*

REPAIRVITE™ (K60), (K63): as directed by the REPAIRVITE™

Program Guide

GI-SYNERGY™ (K64): 1 packet with meals

STRENGTIA™ (K61): 1-3 capsules a day with water

ULTRA-D COMPLEX™ (K35) or ULTRA-D 5000™ (K78):

1-4 teaspoons once a day with meals

For additional vitamin D, consider LIQUA-D™ (K87):

1 drop once a day

CATEGORY III: Chemical Tolerance

(also check for Loss of Chemical Tolerance)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Dietary and Nutritional Support for the Immune System:*

REPAIR & CLEAR™ Program (basic or comprehensive program):

as directed by the REPAIR & CLEAR™ Program Guide

CATEGORY IV: Stomach

(also check for Hypochlorhydria)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Stomach Acid:*

ENZYMIXPRO™ (K99): 1-2 capsules with meals

CATEGORY IV: Stomach (Cont.)

Immune support during *H. pylori*

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for pH Balance and the Gastrointestinal System:*

H-PLR™ (K32): 1-2 capsules 2 times a day for 30 days

ENZYMIXPRO™ (K99): 1-3 capsules with meals

GASTRO-ULC™ (K29): 1-3 tablets with meals

CATEGORY V: Stomach

(also check for Hyperacidity)

Hyperacidity Secondary to Hypochlorhydria

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for pH Balance and Stomach Acid:*

ENZYMIXPRO™ (K99): 1-3 capsules with meals

GASTRO-ULC™ (K29): 1-3 tablets with meals

Hyperacidity with Ulcer or Preulcerous State

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Gastrointestinal Health:*

GASTRO-ULC™ (K29): 1-3 tablets with meals

H-PLR™ (K32): 1-2 capsules 2 times a day for 30 days

Hyperacidity with *H. pylori* Inoculation

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for pH Balance and the Gastrointestinal System:*

H-PLR™ (K32): 1-2 capsules with meals for 30 days

ENZYMIXPRO™ (K99): 1-3 capsules with meals

GASTRO-ULC™ (K29): 1-3 tablets with meals

MYCO-ZYME™ (Z13): 1-2 capsules with meals

Hyperacidity Due to Stress

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for pH Balance and the Adrenals:*

GASTRO-ULC™ (K29): 1-3 tablets with meals

Also Consider:

ADRENACALM™ (KR16), (KR73): apply in the morning, afternoon, and evening

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CATEGORY VI: Pancreas

Pancreatic Insufficiency

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Pancreas:*

ENZYMIXPRO™ (K99): 1-3 capsules with or between meals

Pancreatic Insufficiency Secondary to Hypochlorhydria

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Pancreas and Stomach Acid:*

ENZYMIXPRO™ (K99): 1-3 capsules with or between meals

HCL PRO-ZYME™ (Z26): 1-4 tablets with meals

Small Intestine Dysfunction

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Dietary and Nutritional Support for the Small Intestine:*

CLEARVITE™ Basic Program: three-week intestinal support program as directed by the CLEARVITE™ Basic Program Guide

GASTRO-ULC™ (K29): 1-3 tablets with meals

CATEGORY VII: Small Intestine

Small Intestinal Bacterial Overgrowth

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Dietary and Nutritional Support for the Small Intestine:*

CLEARVITE-GL™ (K95), (K118): 1 scoop with up to 4-6 ounces of water once a day

SIBIOTICA® (K97): 1 capsule once a day

REPAIRVITE-SE™ (K98): 1 scoop with up to 4-6 ounces of water once a day

ENZYMIXPRO™ (K99): 1-2 capsules once a day

ENTEROVITE™ (K100): 1 capsule once a day

Dietary restrictions as directed by the Small Intestinal Microbial Environment Dietary and Nutritional Guide

Exercises to increase motility as recommended by your healthcare professional

CATEGORY VIII: Biliary

Biliary Insufficiency and/or Stasis

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Biliary System:*

METHYL-SP™ (K14), (K112): 1-2 capsules with meals

LYPOMIN-LV™ (K33): 1-3 capsules with meals

METACRIN-DX™ (K10): 1-2 capsules 2-3 times a day

BILEMIN™ (K11): 1-2 capsules with meals

SUPER EFA COMPLEX™ (K08): 1-2 tablespoons with meals

C-ZYME 1000™ (Z04): 1 tablet with meals

Mg/K-ZYME™ (Z11): 1 tablet with meals

CATEGORY IX: Hepatic Detoxication

Hepatic Detoxification

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Dietary and Nutritional Support for Hepatic Biotransformation:*

CLEARVITE™ Formula (K84, 95, 105, 108, or 118): as directed by the CLEARVITE™ Basic Program Guide

HEPATO-SYNERGY™ (K69): 1 packet once a day, or as needed

CATEGORY X: Sugar Metabolism

(also check for Hypoglycemia)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Sugar Metabolism:*

PROGLYCO-SYNERGY™ (K80): 1 packet once a day, or as needed

SUPER EFA COMPLEX™ (K08): 1-2 tablespoons 1-3 times a day

GLYCEMOVITE™ (K85): 1 serving between meals

Also Consider:

ADRENASTIM™ (KR15), (KR72): apply in the morning and at noon

CATEGORY XI: Peripheral Utilization of Sugars

(also check for Insulin Resistance)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Peripheral Utilization of Sugars:*

GLYSEN-SYNERGY™ (K79): 1 packet once a day, or as needed

OMEGACO3™ (K07), (K113): 1-2 tablespoons 1-3 times a day

GLYCEMOVITE™ (K85): 1 serving between meals

AC-GLUTATHIONE™ (K88), (K117): 1-2 capsules 1-2 times a day

Also Consider:

ADRENACALM™ (KR16), (KR73): apply in the morning, afternoon, and evening

OXICELL® (KR22), (KR70): apply in the morning, afternoon, and evening

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CATEGORY XII: Adrenal

(also check for Adrenal Hypofunction)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Adrenal Function:*

ADAPTOCRINE™ (K02): 1-3 capsules with meals

Also Consider:

ADRENASTIM™ (KR15), (KR72): apply in the morning and at noon

May Also Need to Support Sugar Metabolism (see Category X):*

PROGLYCO-SP™ (K13): 1-2 capsules with meals

SUPER EFA COMPLEX™ (K08): 1-2 tablespoons with meals

CATEGORY XIII: Adrenal

(also check for Adrenal Hyperfunction)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Adrenal Function:*

ADAPTOCRINE™ (K02): 1-3 capsules before meals

Also Consider:

ADRENACALM™ (KR16), (KR73): apply in the morning, afternoon, and evening

May Also Need to Support the Peripheral Utilization of Sugars (see Category XI):*

GLYSEN™ (K01): 2-3 capsules with meals, or as needed

OMEGACO3™ (K07), (K113): 1-2 tablespoons with meals

Also Consider:

ADRENACALM™ (KR16), (KR73): apply in the morning, afternoon, and evening

CATEGORY XIV: Electrolyte and pH Balance

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Electrolyte and pH Balance:*

ELECTRO-PH™ COMPLEX (K86): 1 scoop with up to 8 ounces of water

CATEGORY XV: Thyroid

(also check for Hypofunction)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Thyroid Function:*

THYROXAL™ (K12): 1-2 capsules with meals

Nutritional Support for the Thyroid:*

THYRO-CNV™ (K09): 1-2 capsules with meals

Thyroid Underconversion

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for T3:*

THYRO-CNV™ (K09): 1-2 capsules with meals

ADAPTOCRINE™ (K02): 1-3 capsules with meals

Also Consider:

ADRENACALM™ (KR16), (KR73): apply in the morning, afternoon, and evening

CATEGORY XVI: Thyroid

(also check for Hyperfunction)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Thyroid:*

CLEARVITE™ Formula (K84, 95, 105, 108, or 118): as directed by the

CLEARVITE™ Basic Program Guide

OMEGACO3™ (K07), (K113): 1-2 tablespoons with meals

NITRIC BALANCE™ (K62), (K68): 1 teaspoon once a day

GLUTATHIONE RECYCLER™ (K57): 1 capsule with meals

AC-GLUTATHIONE™ (K88), (K117): 1-2 capsules 1-2 times a day

ULTRA-D COMPLEX™ (K35) or ULTRA-D 5000™ (K78):

1-3 teaspoons once a day, or as needed

For additional vitamin D, consider LIQUA-D™ (K87):

1 drop once a day, or as needed

Also Consider:

SUPER OXICELL® (KR23): apply in the morning, afternoon, and evening

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CATEGORY XVII: Prostate (Males Only)

(also check for Hypertrophy)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Prostate:*

PROSTA-DHT™ (K06): 1-2 capsules with meals
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons 1-3 times a day
ESTROVITE™ (K05): 1-2 capsules with meals
FIBROMIN™ (K25): 1-3 capsules with meals

CATEGORY XVIII: Andropause (Males Only)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Testosterone Levels:*

OPTICRINE™ (K03): 1-2 capsules with meals

Elevated Estrogen

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Estrogen Levels:*

GLYSEN™ (K01): 2-3 capsules with meals, or as needed
OMEGACO3™ (K07), (K113): 1 tablespoon 1-3 times a day
FIBROMIN™ (K25): 1-2 capsules with meals
ESTROVITE™ (K05): 1-2 capsules with meals

Also Consider:

TESTANEX™ (KR17), (KR74): apply 2 times a day

CATEGORY XIX: Menstruating Women

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Progesterone Function:*

PROGESTAID™ (K04): 1-2 capsules with meals
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons with meals

Nutritional Support for Estrogen Metabolism:*

ESTROVITE™ (K05): 1-2 capsules with meals
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons with meals

Adrenal Hypofunction (see category XI)

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Adrenal Function:*

PROGLYCO-SP™ (K13): 1-2 capsules with meals
ADAPTOCRINE™ (K02): 1-3 capsules with meals
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons with meals

Also Consider:

ADRENASTIM™ (KR15), (KR72): apply in the morning and at noon

CATEGORY XX: Menopausal Women

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Progesterone Function:*

PROGESTAID™ (K04): 1-2 capsules with meals
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons with meals

Estrogen Metabolism

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Estrogen Metabolism:*

ESTROVITE™ (K05): 1-2 capsules with meals
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons with meals

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